MACRAME RUG

Design: Lankava, Sanna Peltoluhta **Finished size:** 80x100cm + fringes

Yarn: 2.5kg of Paulina Chunky Twine in Coral red (62) (80% recycled cotton, 20% polyester, 1kg = 180-190m) Other supplies: A hollow curtain rod (aluminium)

Lark's Head Knot = LHK (pic 1): Fold a length in half. Take the fold behind the rod and bring down to front, take the open ends through the loop, tighten the knot

around the rod (= 2 working cords).

Double Half Hitch Knot = DHHK (pics 2): Make the horizontal knots around a filler cord from right to left as follows: Keep the filler cord horizontally in front of the working cords with your left hand, *with your right hand, take a working cord from the right up and around the filler cord, then take it back down to the right of itself. Tighten the knot around the filler cord by pulling the working cord towards right*, repeat *-* once more with the same working cord. Tighten the knots next to each other.

Square Knot = SK (pics 3): Use 4 cords to make the knot in 2 stages.

Stage 1: Take the left edge cord over the 2 middle cords and under the right edge cord, then take the right edge cord under the middle cords and over the left edge cord, through the loop. Tighten by pulling the cords in the opposite directions.

Stage 2: Take the right edge cord over the middle cords and under the left edge cord, then take the left edge cord under the middle cords and over the right edge cord, through the loop. Tighten. = 1 SK.



Instructions: Cut 66 lengths of 7.8m of Paulina twine, and two filler cords of 1.2m. Fold the longer lengths in half and attach them onto the rod using LHKs. Space the cords evenly over 80cm working space. Take a filler cord and attach it temporarily onto the rod, outside the left edge thread. Keep the filler cord horizontal and make a row of DHHKs, 5cm away from the rod. Next, begin the alternating SKs.

Row 1: Make 33 SKs. The knots of the next row are placed between these knots.

Row 2: Skip 2 cords, make 32 SKs, skip 2 cords.

Repeat rows 1-2, until the shortest cords measure 15-20cm. Make row 1 once more. Take the other filler cord and work a row of DHHKs around it, as in the beginning.

Finishing: Remove the curtain rod. Even the rows of DHHKs into the same width and weave the ends of the filler cords inside the SKs on the wrong side. Cut fringes to even length.

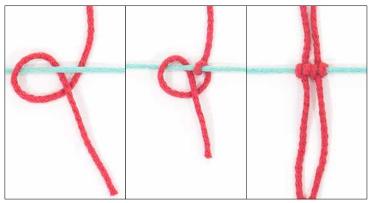
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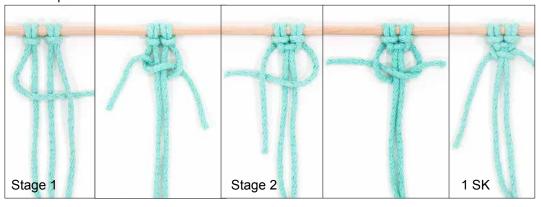
Pic 1: Lark's Head Knot = LHK



Pic 2: Double Half Hitch Knot = DHHK



Pic 3: Square Knot = SK



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