

## PALMIKKO WALL PLANT HANGER

**Design** Lankava, Sanna Peltoluhta

**Finished size** height approx. 85cm

**Yarn** 40m of Paulina Chunky Twine in Light Brown (54) (80% recycled cotton, 20% polyester, 1kg = approx. 180-190m)

**Other supplies** Wooden macrame ring (size L), 4 pieces of 18-20mm wooden beads

**Lark's head knot (pic 1):** Fold a length in half. Take the fold around the ring from front to back, take the open ends through the loop, tighten the knot around the ring.

**Square knot = SK:** Use 4 cords to make the knot in 2 stages.

**Stage 1 (pic 2):** Take the left edge cord over the middle cords and under the right edge cord, then take the right edge cord under the middle cords and over the left edge cord. Tighten by pulling the cords in the opposite directions.

**Stage 2 (pic 3):** Take the right edge cord over the 2 middle cords and under the left edge cord, then take the left edge cord under the middle cords and over the right edge cord, through the loop. Tighten. = 1 SK.

**Instructions** Cut 8 working cords of 5m. Fold 4 cords in half and mount them onto the ring using lark's head knots = 8 working cords.

**1<sup>st</sup> pair of SK strands:** \*Take 4 cords and make 12 SKs, take the next 4 cords and make 12 SKs, take the middle cords (= 4<sup>th</sup> and 5<sup>th</sup> cord) through a wooden bead\*, repeat \*-\* once more and leave these cords waiting.

**2<sup>nd</sup> pair of SK strands:** Mount 2 new cords onto the ring on both sides of the first pair = 16 cords. Work 7 SKs with each new group of 4 cords. Bring both strands to the front of the work and take the middle 2 cords through a wooden bead. Continue both strands by making 12 SKs. Take both strands through the upper loop made by the 1<sup>st</sup> pair of strands to the back of the work and then bring them back to front on top of the 1<sup>st</sup> pair. Take the middle 2 cords through a wooden bead. Continue both strands by making 6 SKs, take the strands through the lower loop made by the 1<sup>st</sup> pair of strands to the back of the work and then back to front, so that these strands lie outside the 1<sup>st</sup> pair (the bead stays at the middle).

Next, work with both pairs of strands.

**Row 1:** Skip the first and last 2 cords. Make 1 SK on both sides of the bead.

**Row 2:** Skip the first and last 6 cords and make 1 SK under the bead.

**Row 3:** Skip the first and last 4 cords. \*Take 4 cords and make 1 SK\*, repeat \*-\* once more = 2 SKs.

**Row 4:** Skip the first and last 6 cords and make 1 SK into the middle (under the bead).

Next, work the net-like part in alternating SKs and leave 7cm space between each row.

**Row 5:** Work as row 3.

**Row 6:** Skip the first and last 2 cords, \*take 4 cords and make 1 SK\*, repeat \*-\* 2 more times = 3 SKs.

**Row 7:** \*Take 4 cords and make 1 SK\*, repeat \*-\* till the end of row = 4 SKs.

**Round 8:** Take 2 cords from both edges and use them to make 1 SK at the front of the work, \*take the next 4 cords and make 1 SK\*, repeat \*-\* 3 more times, rotating the work as needed.

**Rnd 9:** Take the last 2 cords of the SK in the front and the first 2 cords of the next SK and make 1 SK, \*take the next 4 cords and make 1 SK\*, repeat \*-\* 3 more times = 4 SKs.



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**Finishing** Cut a 1m length for a working cord and make a **wrap knot (pic 4)** approx. 7cm below the last rnd of SKs, as follows: Fold approx. 10cm of one end of the working cord and place it over the bundle of all the other cords in the work, so that the fold points upwards. Take the longer end of the working cord and start wrapping it going upwards tightly around itself and the bundle 8 times (the end of the loop and the loose end of the beginning are still peeking). Take the working cord through the loop and pull from the loose end of the beginning until the loop slides underneath the wraps. Cut away the ends of the working cord. Trim the fringe ends to even length.

**Pic 1:** lark's head knot



**Pic 2:** SK = square knot, stage 1



**Pic 3:** SK = square knot, stage 2



**Pic 4:** wrap knot



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